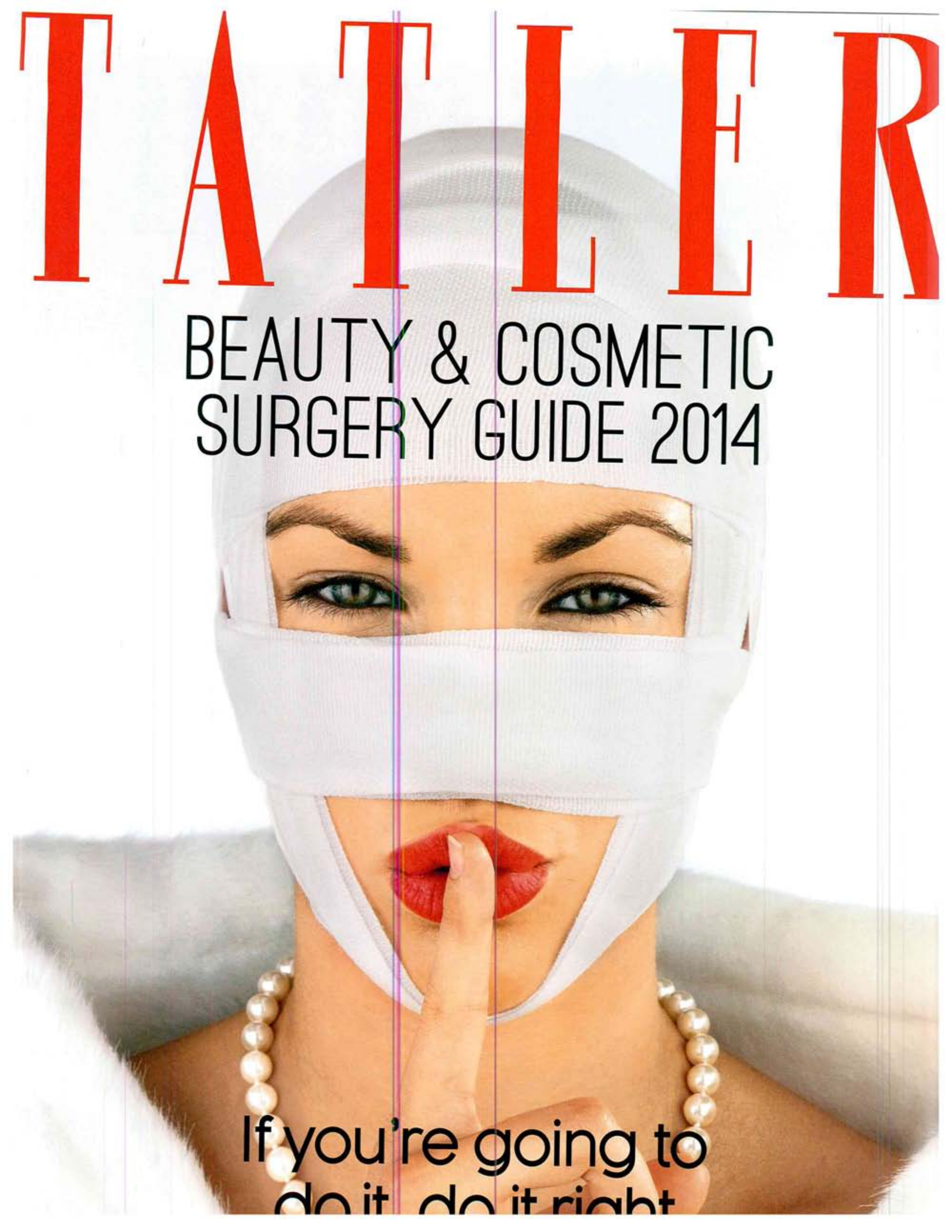


TATTLE



BEAUTY & COSMETIC
SURGERY GUIDE 2014

If you're going to
do it, do it right

DR SAM RIZK NEW YORK

Referred to as the Sculpting Surgeon (guess what he does in his spare time?), Dr Rizk is applying some inventive wizardry to rhinoplasty. He employs a microscopic powered filing instrument to gently sand the bone into a smooth, natural-looking shape – avoiding any distorting swelling. And he can disguise droopiness by adding a little 'kick' at the tip, using cartilage to act as supportive scaffolding. He works with tissue glue instead of packing, to help fade bruising in record time. His one rule before you sign up for a new nose? Talk to a psychologist and make sure you definitely want to go there.

Rhinoplasty, £16,760 (drsamrizk.com; 00 1 212 452 3362).